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Friday May 21, 2021

Dr. Ashley Tsang, Mount Sinai Breast Surgeon, Discusses Breast Health & the COVID Vaccine



"I think that the protection from the vaccine outweighs the risk of developing swollen lymph nodes and having to delay screening mammogram."

-Dr. Ashley Tsang

Dr. Ashley Tsang

By Dan Murphy

Should women continue to get their screening mammogram before or after they receive the COVID vaccine? And if patients have already received the vaccine, can they still go for a mammogram or other imaging?

We asked these questions to Dr. Ashley Tsang, a Breast Surgeon and As-

sistant Professor of Surgery, Icahn School of Medicine at Mount Sinai from Mount Sinai Doctors, Westchester. "A lot of patients have asked me about the timing of their mammograms because they heard that the COVID vaccine can cause lymphadenopathy, or a swelling of the lymph nodes. What radiologists have seen on breast imaging, including mammogram, ultrasound, MRI and CT scans is that there can be a swelling of the lymph nodes on the same side of the body where they received the vaccine," said Dr. Tsang.

"Other vaccinations can have this side effect, but now that everyone is getting vaccinated for COVID-19, we are seeing it more often now. If you had a COVID- 19 vaccine, and regardless of whether there is swelling or not, you should wait 4 to 6 weeks until after the 2nd dose to get your screening mammogram," said Dr. Tsang.

Because radiologists have seen this trend, Dr. Tsang said that the Society of Breast Imaging has come up with guidelines for best timing of screening

mammogram, ultrasound, MRI and PET-CT scan.

"For women undergoing routine screening, the recommendation is to get the imaging prior to getting vaccinated. However, if they have already received their first dose of the vaccine, they should wait until 4 to 6 weeks after the 2nd dose before scheduling their screening mammogram," said Dr.

Dr. Tsang explained that imaging centers have created protocols to ask if patients have been vaccinated recently, and will correlate any imaging findings with recent vaccination. If there are findings of lymph node swelling or thickening in the arm in which a patient has received the vaccine,

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Life Without a Mask Returns to Westchester & New York State



By Dan Murphy

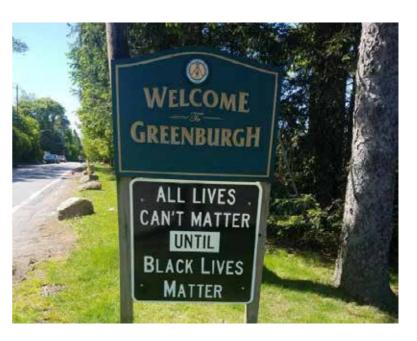
Governor Andrew Cuomo announced that beginning May 19, New York State will adopt the CDC's "Interim Public Health Recommendations for Fully Vaccinated People" for most business and public settings. Consistent with the CDC guidance, Pre-K to 12 schools, public transit, homeless shelters, correctional facilities, nursing homes, and healthcare settings will continue to follow State's existing COVID-19 health guidelines until more New Yorkers are fully vaccinated.

"New Yorkers have worked hard over the last year to prevent the spread of COVID and keep each other safe," Governor Cuomo said. "That work has paid off and we are ecstatic to take this next step in the reopening of our beautiful state. The people of New York and visitors alike should take solace in the lifting of mask requirements, but be respectful of those who may still feel safest wearing their mask in public and business owners who may still ask patrons to don their mask. All the arrows are now pointed in the right direction, so let's get back to life," Cuomo said.

To implement the CDC's guidance, New York State will be revising the following reopening guidelines: In most settings, vaccinated individuals will not be required to wear a mask. Unvaccinated individuals, under both CDC and state guidance must wear masks in all public settings.

The Department of Health strongly recommends masks in indoor settings where vaccination status of individuals is unknown. Mask requirements

Theft of BLM Sign in Greenburgh



By Dan Murphy

An audacious theft of a Black Lives Matter sign, placed directly under the Welcome to Greenburgh sign has the attention of the PD, Westchester DA and the State Senate Majority Leader.

The incident occurred on May 13, and the sign was only up for several hours before it disappeared. Greenburgh Police Chief Chris McNerney said that the investigation into who did this continues and that the Greenburgh PD is working with the Westchester District Attorney's office on the case. "The Town of Greenburgh and this department strongly condemns all acts of hate and bias. We have a history of promoting diversity, unity, and inclusion. We are working with the Westchester County DA to identify the individual(s) responsible for this incident and bringing them to justice," said McNerney.

Residents in Greenburgh were upset and in disbelief that the sign was removed. "I advocated for A BLM MURAL. The Town of Greenburgh made it a 3-part project. Mural - Sign and banners. On every Welcome to Greenburgh Sign. The sign was put up Wednesday morning on Knollwood Rd and by Thursday morning a hate crime and vandalism happen. They took the whole sign down from the ground with chains. Paul Feiner. Greenburgh Supervisor have received emails that they don't want signs like this in the town of Greenburgh. I am on a BLM committee who meet monthly,

and we are not going to allow hate to discourage us. Greenburgh, we need a real talk about CRITICAL RACE THEORY," posted Clifton Earl Abrams.

Greenburgh Supervisor Paul Feiner told this reporter that, "The police chief spoke at our Town Board work session and indicated that the police are working with the DAs office, to try and subpoena video cameras from local businesses. He hopes that they will be able to locate the person and make an arrest. We are all offended by what happened -Greenburgh is a diverse and welcoming community. I don't believe that this incident reflects

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Spano, Cuomo and Chaz Say Don't 'Cancel' Columbus Day



Columbus Statue in Manhattan, located at Columbus Circle

By Dan Murphy

On May 3, the NYC Department of Education released their school calendar for the upcoming 2021-22 school year. On October 11, NYC schools were to be closed for Indigenous People's Day, replacing Columbus Day. After an outroar, NYC Mayor Bill deBlasio came up with a compromise that satisfied nobody, with the new school holiday to be called "Italian Heritage" Day/Indigenous People's Day."

Italian Americans across New York State were pissed off. Long Island Congressman Tom Suozzi said, "It's absolutely outrageous that the Department of Education did this, and I'm going to try to build a coalition to fight this. Columbus Day has been in place for a long, long period of time, and it's important to Italian Americans who faced tremendous discrimination in

this country," The most prominent Italian-American in NY State Government, Gov. Andrew Cuomo also blasted the decision. "You ready for a shocker? I disagree with it. I know you're taken aback. Cities have certain authority and a city can declare a city holiday. When it comes to appreciating and respecting Indigenous people, I agree 100%. They deserve much more than a holiday. Columbus Day is a day where we celebrate the Italian-American contribution to this state. It's not either/or. We're not drawing lines and dividing. You don't have to exclude Italians to celebrate indigenous people."

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Local Summit Addresses Alarming Threat of Cybercrime



By Janet Bear

On Tuesday, May 11th, attendees of The Larchmont Mamaroneck Local Summit webinar heard from two leading experts about the rising numbers and types of cyber schemes, and learned how to protect themselves, their families and their information.

Michael Delohery, Assistant District Attorney and Bureau Chief of the Cybercrimes Bureau of the Westchester County District Attorney's office indicated that today's most frequent cybercrimes are phishing (attempts to get your personal information) spear phishing (like phishing, but personally tailored to you), hacking (unauthorized access to or control over a computer network security system for some illicit purpose) and child cybercrimes.

Kenneth Citarella, Senior Managing Director, Investigations and Cyber Forensics and Chief Privacy Officer at Guidepost Solutions, LLC, stated that these crimes can be targeted to both phones and computers. "Human error underlies most computer crimes." A victim does something foolish by calling a number (and providing personal information) or clicking on a link in an email (and enabling malware to attack your system). Delohery reminded us to "think before you click," and if your gut is urging caution, listen!

Delohery stated that if your computer is compromised, the first step is to

shut it down and disconnect from the Internet. (Without an Internet connection, hackers can't influence your computers.) Then run malware or anti-virus programs. If a serious crime has been committed, report it to the Westchester

DA's office and your local police.

If your personal information maintained by a third party has been compromised, Citarella encourages victims to freeze their credit. If you plan to make a major purchase, you can always unfreeze it for a 24-hour period or get a one-

time use pin number for merchants.

Online shopping has dramatically increased during the pandemic, and Citarella provided some tips to keep us safe. Shop with familiar retailers, particularly for higher price purchases. Use common sense. If you are purchasing in his life – what he is experiencing and how he feels verbally. This has every limit of the price purchases. from an unfamiliar merchant, do some background work, such as a Google search. Don't store your credit card number with merchants. Establish separate email addresses for online purchases. Always use different user IDs and passwords for each account.

How can we protect our children on the Internet? Unfortunately, a major portion of Delohery's work is with child sexual exploitation. His advice, tell your child "don't go on the Internet!" While that isn't likely, both speakers emphasized that parents must monitor and communicate with their children. Children will confuse knowledge with judgment. They may know how to use the Internet, but often don't have the judgment about how it should be used.

It's the parents' responsibility to monitor and advise their children. Talk to them about Internet safety. Look at their "friends" list on social media and ask questions about names you don't recognize. Delohery visits PTAs from elementary school through high school to educate and advise parents of the

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BluePath Service Dogs 5th Annual Walkathon a Success



Left to right: Bedford Police Officer Andy Klein, Bedford Deputy Town Clerk Nina Kellogg, Katonah Fire Department 2nd Assistant Chief John Whalen, Katonah Bedford Hills Volunteer Ambulance Corps Captain Allie Whalen, BluePath Service Dogs Vice President of Marketing & Development Michelle Brier, Police Officer Mark Montanaro, and BluePath puppy raiser Ana Montoya of Sunshine CrossFit.

On Saturday, May 15, hundreds of walkers from across 15 states joined the path to bettering the world for children with autism and their families as part of BluePath Service Dogs' fifth annual walkathon. The family-friendly fundraiser – this year held virtually – raised more than \$120,000 to further BluePath's mission of providing autism service dogs, offering safety, companionship and opportunities for independence.

According to the Centers for Disease Control, one out of every 54 children born today will develop an autism spectrum disorder. It is the fastest growing developmental disability in the United States. Walkathon participants had the opportunity to learn more about how the nonprofit is unlocking life's potential for children and families touched by autism during an online kick-off event before heading out to walk in their own communities.

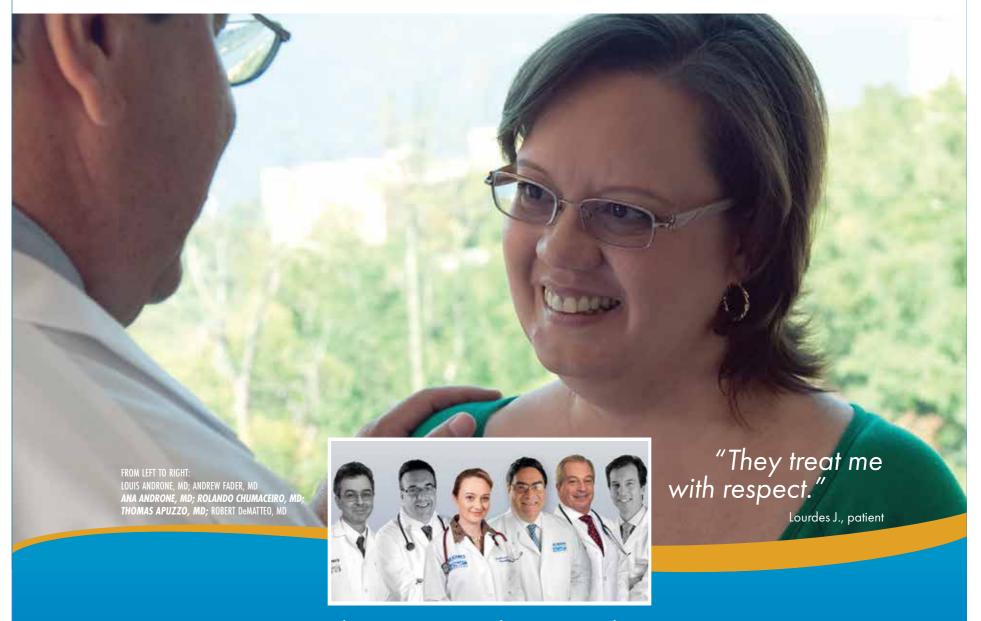
"I could talk for days about the positive impact that Rex has had on our lives," shared Cynthia Nixon, whose 9-year-old son, Gabriel, received Blue-Path Rex at the beginning of the pandemic. "Rex has helped Gabriel figure out where his body is in space, which was previously a huge safety concern. We are now able to go out and about in the community safely and together as a family.'

erything to do with Rex. The other day, when I was leaving for work, I knelt down to give Gabriel a kiss and told him that I loved him more than the sun, the moon and the stars. He looked me right in the eye and, with Rex by his side, said, 'I love you, too, momma.' That's the first time my child has ever told me that he loved me with words."

Founded in 2016, BluePath has established a robust network of supporters throughout the country. Individuals and families serve as puppy raisers, fosters and administrative volunteers and comprise more than 95 percent of the organization's workforce. The generosity of donors, volunteers and industry partners allows BluePath to provide its service dogs to families free of charge.

"BluePath dogs provide safety and freedom, opening the door to new possibilities for the whole family to thrive," noted the nonprofit's President and CEO Jody Sandler. "We thank all those who walk the path with us. Together, we will continue to better the world for children with autism and their families." For more information, www.bluepathservicedogs.org.

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Women's History Month Student Essay Awards

The Yorktown Democratic Committee and The Rotary Club of Yorktov are proud to announce the winners of our essay contest! "The Real Woman in My Life Who is My Hero"







Ryan Zheng - Third Place

Julia Whalen - First Place





By Rebecca Gerdis - Yorktown High School Student

This March, the Yorktown Democratic Committee (YDC) held their first annual Women's History Month Celebration. Many were in attendance on Zoom to honor Councilwoman Alice Roker along with other inspiring women. Councilwoman Roker has blazed trails throughout her successful career, and continues to make remarkable contributions within the Yorktown community. Honorees Katherine Quinn of Support Connection, Michelle Neustadt-Kardon of the NYS Office For People with Developmental Disabilities, and Kara Mac of Kara Mac Shoes were also recognized for breaking barriers and having tremendous impacts, both professionally and within the community. These incredible women with different stories serve as inspiring examples of female leaders, paving the way for the next generations of young women.

In addition to honoring these women, the YDC also challenged students in grades 6-12 to write about an inspiring woman who has made an impact on their life in an essay contest entitled, "The Real Woman in My Life Who is My Hero". From real life figures to fictional characters, the submissions recognized the diverse ways in which we are personally inspired by female heroes. The essay contest was judged by the Rotary Club of Yorktown.

Julia Whalen, a ninth grader at Yorktown High School, came in first place with an essay about her best friend "S". She described the support "S" gave her throughout their friendship, as well as the grace and strength shown by "S" when facing her own unanticipated challenges. Learning from her friend, Julia now understands what it means to have empathy and resilience. This beautifully written essay demonstrates the true meaning of a hero; despite being the same age, Julia found a role model in her best friend.

In second place was Caroline Jethmal, a ninth grader from Yorktown

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Halloween Over? Can We SafelyUnmask?



By Eric W. Schoen

I walked into TJ Maxx at Ridge Hill on Monday to return something that I had purchased that did not fit. It was a time of day and a day of the week that the store was not busy, so I didn't have to wait on line that long.

I noticed that before the number flashed on the screening telling me which cashier to go to, Cashier number 8 had just finished cleaning off her counter where customers would place goods for purchase or return with an antiseptic wipe. She did the same for the keypad customers would use to approve their charge or enter in their PIN number for the purchase if they were using a debit card.

I had just heard that Governor Cuomo was lifting the mask ban in New York State. However, those who had not yet been vaccinated were still required to wear their masks indoors when they were shopping. Enforcement of the mask policy was going to be left up to the stores themselves, and that there was no specific protocol in place requiring verification of vaccination by the customer, nor any requirement that the the customer even be asked if he or she had the Covid vaccination and 2 weeks had gone by to allow the vaccine to hit full effectiveness.

But the government was encouraging stores to check the vaccine status of their customers. And who do think was going to be charged with doing this? Not Tim Cook from Apple at their stores but the staff in the store. So this poor cashier who because she was working in Yonkers and not working a couple a blocks away in the Bronx would be earning \$13.50 an hour in Yonkers vs. \$15 in the Bronx, serving as the cleaning woman scrubbing the sales counter before and after each transaction could now be getting the title of 'Vaccine Enforcement Police' not requiring documentation of vaccination but just accepting the customers words coming from his or her mouth?

And you wonder why so many retailers have 'Help Wanted' signs in their windows. And if he or she was selected to check vaccine status, chances are they would be charged with at the same time sanitizing the shopping carts. All the while only being protected with a mask and maybe flimsy plastic gloves. Not worth it if you can sit home and collect unemployment from the previous job you had.

Don't get me wrong. No one dislikes masks and not being able to see people's smiling faces more then me. I was wearing the blue hospital masks until I got so fed up with their color reminding me as if I was in a hospital that I went out and bought a box of black masks. The masks affected me when I went to the movie theater for the first time since the pandemic and

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A Diverse Workforce for a Diverse County



Dr. Dial Hewitt and his colleagues in the Westchester County Department of Health have been on the front lines of the Covid-19 pandemic for the past year, working exhausting hours and putting their own health and safety on the line to serve others.

Despite the risks and the challenges they face, the Department's doctors, nurse practitioners, public health nurses, lab techs and support staff remain firmly committed to their mission: protecting the health and safety of the people of Westchester.

"You go into this field because you care about people and you get gratification from helping them," said Hewlett, who is board certified in Internal Medicine and in the sub specialty of Infectious Diseases.

"I am fortunate and blessed to work with such dedicated professionals," he said of his colleagues at WCDOH. Most recently, he has been helping oversee the County's vaccination clinic on Court Street in White Plains.

Hewlett noted that Westchester was ground zero for the Covid-19 pandemic, where an outbreak occurred in New Rochelle. The virus spread through houses of worship, congregate care settings and other locations – and the Health Department staff mobilized swiftly to respond.

"They were willing to put their lives on the line when we didn't know very much about this disease," Hewlett said of the entire Health Department team. "Whatever we have asked of them, they do it."

Dr. Hewlett has also been involved in outreach to Westchester's minority communities to provide "accurate, scientific information" and encourage people of color to get vaccinated. He said he hopes to alleviate the hesitation of some Black and Latino residents to get the vaccine.

The executive team at the Health Department has been praised for its leadership during the pandemic, including: Dr. Sherlita Amler, commissioner; Renee Recchia, first deputy commissioner; Dr. Hewlett; Dr. Marisa Montecalvo, Dr. Ada Huang and Lori Smittle, PhD (doctor of nursing).

To receive notifications of all upcoming civil service exams, people can sign up to receive email notifications at https://exams.westchestergov.com/webexam/emailSubscription/subscribe.htm.



Harrison Library to Present Summer Reading Programs



The Harrison Public Library will be welcoming two special guests this summer for our Adult and Teen Summer Reading Program – awardwinning, Young Adult author Stacey Lee and Westchester County's inaugural Poet Laureate B.K. Fischer. Their works highlight our summer reading theme this year -- "Reading Colors Your World."

It is our pleasure to introduce Stacey Lee as this year's Summer Reading Ambassador. Lee is a fourth-generation Chinese American writer of Young Adult fiction and historical fiction and founding member of "We Need Di-

Born in Southern California, she graduated from UCLA and received her law degree at UC Davis King Hall before turning to writing full time. Her novels include Under a Painted Sky, The Downstairs Girl, and the newly released Luck of the Titanic. Lee will be discussing her latest book with the library via Zoom on Wednesday, June 23 at 7 pm ET. In addition, Lee will be hosting two other virtual programs over the summer..

B.K. Fischer is the author of five books of poetry -- Ceive, Radioapocrypha, My Lover's Discourse, St. Rage's Vault, and Mutiny Gallery -- as well as a critical study, Museum Mediations: Reframing Ekphrasis in Contemporary American Poetry. Her poems and essays have appeared in The New York Times, The Paris Review, Kenyon Review, Boston Review, The Los Angeles Review of Books, FIELD, Literary Mama, and other journals. Fischer has been a teacher of poetry for more than 25 years in universities, schools, prisons, and community centers, including The Hudson Valley Writers Center, the Taconic Correctional Facility, the Neuberger Museum, Teacher's and Writer's Collaborative, and Brenda Connor-Bey's "Learning to See" series at the Greenburgh Library. She is an adjunct professor at Columbia University and previously spent six years as poetry editor at the Boston Review.

We are honored to announce that B.K. Fischer will be reading her poems during "A Virtual Spoken Word: Night of Poetry" on Wednesday, July 14 at 7 pm ET This program is open to any community member who wishes to share poems and short works with us. We invite families and neighbors to join us for these engaging programs.

Register at https://www.harrisonpl.org/events/harrison/17811

Local Summit, Cybercrime continued from pg 2-

important role they have - to educate their children on Internet safety. Delohery offered some thoughts on protecting your business (or personal) computers from ransomware (a malicious software that prevents you from accessing your files and demands you pay a ransom for their return). Back up your files regularly, perhaps daily! If you have a recent back up, you can wipe your computer and move your data from the back up to your system. Citarella noted that the FBI recommends not paying a ransom because it encourages organized crime. Also, it is illegal for Americans to engage with criminal organizations.

Remember, most cybercrimes are due to human error. Think before

you click, and back-up your data on a regular basis.

The Larchmont-Mamaroneck Local Summit thanks LMC Media for facilitating this webinar. To learn more about LMC Media go to, Imcmedia.org. The next meeting of The Larchmont-Mamaroneck Local Summit will be on September 14, 2021. Information on the program will be available later this summer on the website, localsummitlm.org.

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Mt. Vernon Comptroller Candidate Lawrence Sues for Proper Use of American Rescue Funds



Dereckson Lawrence

Mt. Vernon City Comptroller candidate Derickson K. Lawrence is the Plaintiff in a lawsuit to prevent the illegal transfer, by Mount Vernon City Council, of emergency federal American Rescue Plan (ARP) funds that circumvent the Office of the Comptroller and will be directed to the Board of Water Supply. Yesterday, Judge Susan Cacace of Westchester Supreme Court signed my Order to Show Cause.

"We live in a democracy based on the consent of the governed," said Derickson K. Lawrence, candidate for Comptroller of the City of Mount Vernon and Plaintiff in a case against the City of Mount Vernon. "I bring this action on behalf of the tired and frustrated taxpayers of Mount Vernon, to bring order to the disorder, and to promote responsible receipt and transparent use of ARP funds in a way that will meet:

The short-and long-term financial needs of City of Mt. Vernon.

The federal guidance on the use of the ARP funds.

The terms of the Mount Vernon City Charter and New York State Law"

"This legislation as it's written, as of April 28, 2021, violates local and state laws and does not serve the public interest. As such, it cannot and will not stand."

Lawrence held a press conference last week to discuss and highlight his legal challenge.

Student Essay Awards continued from pg 3-

High School, who wrote her essay in the form of a letter to her mother. Caroline praised her inspirational mother, whom she described as encompassing the optimism and resilience of Leslie Knope, a fictional character in the television show, "Parks and Recreation". Her mom proved to her that these positive characteristics are not limited to fiction, but can also be found in our true real life heroes such as herself.

Ryan Zheng, a sixth grader from Mildred E. Strang Middle School, came in third place with an essay about his mother. He described her fortitude when emigrating to the United States from China as a young girl and her perseverance to learn English, break barriers, and create a loving home for him and his brothers. His mother's kindness, sense of humor, and strength displayed in the face of adversity, are sources of immense admiration and inspire Ryan to work hard in all areas of his life.

The YDC's Women's History Month celebration brought positivity during a time of such uncertainty. Whether or not they realize it, countless women continue to inspire us, both professionally and personally. It is important that we acknowledge their amazing contributions and recognize the roles they play as our real life heroes.

You can read the students' essays at: https://yorktowndemocrats.com/ydc-news/community

NOTICE OF SALE PUBLIC AUCTION Supreme Court of New York, WEST-CHESTER County.

NEW RESIDENTIAL MORTGAGE LOAN TRUST 2018-1, Plaintiff, -against-JOSEPH FERRANTE A/K/A JOSEPH FERRANTE III; COMMISSIONER OF TAXATION AND FINANCE,

Index No. 58682/2019. Pursuant to a Judgment of Foreclosure and Sale duly dated, December 4, 2020 and entered with the Westchester County Clerk on December 21, 2020, Daniel P. Hollis II, Esq., the Appointed Referee, will sell the premises known as 537 South 2nd Avenue, Mount Vernon, New York 10550 a/k/a 537 South Second Avenue, Mount Vernon, New York 10550 at public auction in Courtroom 200 of the Westchester County Courthouse, 111 Dr. Martin Luther King Jr. Boulevard, White Plains, New York 10601 on June 11, 2021 at 9:30 A.M. Please note, the new auction rules for the Ninth Judicial District and all applicable COVID-19 Health and Safety Protocols will be in effect at the auction. For additional information Please visit: http://ww2.nycourts.gov/courts/9jd/westchester/foreclosure_westchester.shtml. All that certain plot, piece or parcel of land, situate, lying and being in the City of Mount Vernon, County of Westchester and State of New York known as Section: 169.47; Block: 3118; Lot: 14 will be sold subject to the provisions of filed Judgment, Index No. 58682/2019. The approximate amount of judgment is \$269,246.47 plus interest and costs.

FRIEDMAN VARTOLO LLP 85 Broad Street, Suite 501, New York, New York 10004, Attorneys for Plaintiff.





Work to Connect Westchester's North & South Trailways to Be Completed Next Spring



L-R Deputy Commissioner André Early, Legislator Ruth Walter, Legislator David Tubiolo, Legislator MaryJane Shimsky, Commissioner Kathy O'Connor, First Deputy Commissioner Peter Tartaglia, County Executive George Latimer

Following the completion of the restoration of the North County Trailway in 2020, the County began the restoration of the South County Trailway.

Together, these connected trailways run the entire length of Westchester. County Executive George Latimer said: "Outdoor recreation is more important than ever. In the past year, we've seen our parks become extremely popular and we're proud to be able to provide these spaces to our residents. We are thrilled to be in the final phase of this project. Upon completion – bikers, walkers and joggers will have 36.2 miles of enhanced trailway to explore."

The South County Trailway project covers approximately 6 miles, stretching from Barney Street in Yonkers to Route 119 in Elmsford. The scope of work includes the restoration of the drainage system, which will keep the trailway dry, and the reconstruction of the asphalt, which will allow for a smoother ride. Both address safety and will decrease the likelihood of

Signs, benches, traffic control gates, railing and plantings are also being installed along the path. Commissioner of the Department of Parks, Recreation and Conservation Kathy O'Connor said: "Whether you're looking to take a leisurely walk with the family or clocking miles on your bike, the North-South County Trailways are a great option. We look forward to the completion of this project."

This project is the result of multiple departments working together; including the Department of Planning, the Department of Public Works and the

Department of Parks, Recreation and Conservation.

Legislator MaryJane Shimsky said: "Westchester's parks are our most popular County facilities; and our trailways are our most popular parks. This section of the South County Trailway has been in need of repair for many years. Now we are nearing the point when the thousands of Westchester residents who enjoy this section of trailway will have a new surface on which to walk, run, cycle and skate. Thank you to County Executive Latimer and his Administration, and to the County Departments of Parks, Recreation and Conservation, Planning, and Public Works and Transportation, for their hard work and persistence in making these repairs a reality."
Legislator David Tubiolo said: "Westchester's parks have been more

important than ever to the people during the COVID-19 pandemic, and the South County Trailway, which offers green space to people in some of our more densely populated communities, like Yonkers, is one of our most used parks. The County Executive's office and the Board of Legislators have been working diligently to make sure parks like this one get the investment they need to continue to serve the people, and the work we're beginning now on this park is one important example of our continued commitment."
Legislator Ruth Walter said: "The South County Trailway is a wonder-

ful example of creative ways former industrial spaces can be reclaimed for recreational use. It's been a fabulous asset to the quality of life of the people of Southern Westchester. I'm so excited that the County is undertaking the process of maintenance and repair that will ensure that this great, much-used park, will continue to be a wonderful outdoor resource for all the people of the County.'

Construction is expected to be completed by next spring.





American Heart Association's 2021 Westchester Go Red for Women Digital Experience, May 27



Dawn French

The American Heart Association, the world's leading nonprofit organization focused on heart and brain health for all, announced the 2021 Westchester Go Red for Women® Digital Experience to support the fight to end heart disease and stroke, will be held on May 27, 2021 at 12 noon. This event is designed to raise awareness of the number one killer of women: cardiovascular disease. The event is chaired by Dawn French, Senior Vice President, Community Relations & Marketing at White Plains Hospital.

"The perception that heart disease and stroke only affect older men is one that we have to work hard to dispel – because cardiovascular disease is a very real threat to everyone, regardless of age or gender," Ms. French says. "In fact, heart attacks are actually on the rise in younger women[1]. Understanding the risk factors is critical to leading a longer, healthier life and the AHA has made great progress in increasing awareness about the risks in women, but we need to keep this momentum going."

New findings from an American Heart Association special report published in September 2020 analyzing 10-year trends in women's awareness that cardiovascular disease is their greatest health threat, show critical gaps in awareness among women ages 25-34 and Black and Hispanic women of all ages. The American Heart Association is calling for more to be done. There is an urgent need for public health organizations, government, health care professionals and community organizations to join forces and provide solutions to improve awareness, especially among young, Black, and His-

The Go Red for Women Digital Experience will be held as a virtual gathering to and will spotlight the lifesaving work of the Association and the Go Red for Women movement. A highlight of the digital experience will be a live panel discussion on the inequities in women's healthcare moderated by News 12's Lisa Larocca. Panelists will include Dr. Ruth Barrow, obstetrician and gynecologist, White Plains Physician Associates; Dr. Icilma Fergus, Associate Professor of Medicine and Director of Cardiovascular Disparities at Mt. Sinai Medical Center and the Immediate Past President of the American Heart Association's Westchester Board of Directors; and Dr. Darren Wu, Chief Medical Officer, Open Door Family Medical Center and member of the American Heart Association's Westchester Board of Direc-

While nearly 80 percent of cardiac events may be prevented, cardiovascular disease continues to be a woman's greatest health threat. One in three women in Westchester live with some form of cardiovascular disease and it's on the rise in younger women. To prevent cardiovascular disease, women should understand family health history, know their numbers and make lifestyle changes like moving more, eating smart and managing their blood pressure.

This year marks the 17th anniversary of the American Heart Association's launch of the Go Red for Women Movement nationwide. Go Red for Women is rooted in raising awareness among women that cardiovascular disease is the leading cause of death for women around the world.

For more information about Go Red for Women in Westchester County please contact Megan Lucas at megan.lucas@heart.org or visit WestchesterGoRed.heart.org.

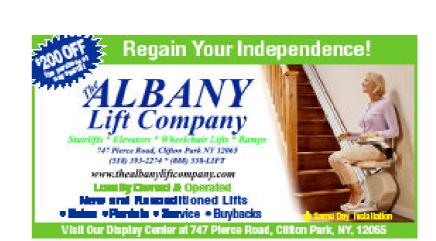
Letter to the Editor:

Every senator who protects the filibuster is guilty of protecting a Jim Crow relic that was used to block civil rights legislation for decades. There's simply no way to get around its sinister legacy.

In the 20th century, the filibuster was used to block over 200 anti-lynching bills and held up the passage of the 1964 Civil Rights Act for 60 days. Over and over again, it's been a weapon wielded by segregationists and white supremacists. We can't let the filibuster continue to block the voting and civil rights of Black and Brown Americans in the year 2021 -- which

it's currently poised to do unless we get rid of it. I hope senators like Joe Manchin and Kyrsten Sinema are acutely aware of this history as they continue to express support for the filibuster. I am urging them and the rest of the Senate to have courage and get rid of the filibuster as soon as possible. A minority of senators shouldn't be allowed to stop the progress the majority of Americans voted for.

Regards, Greg Rieves, Mt. Vernon





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SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF WESTCHESTER

BOARD OF MANAGERS OF MEADOWS CONDOMINIUM, Index No. 52205/2019 on behalf of the Unit Owners of Meadows Condominium, pursuant to Real Property Law, Section 339-aa,

Plaintiff,

- against -

REFEREE'S NOTICE OF SALE IN **FORECLOSURE**

trust known as the Full Circle Heritage Foundation, SHANNON SIMPSON, individually, U.S. BANK NATIONAL ASSOCIATION, AS SUCCESSOR TO BANK OF AMERICA, N.A. SUCCESSOR BY MERGER TO LASALLE BANK N.A. AS TRUSTEE FOR THE MORTGAGE LOAN ASSET-BACKED CERTIFICATES, SERIES 2006-FF18, SELECT PORTFOLIO SERVICING, INC., who holds a limited Power of Attorney for US Bank National Association, successor trustee to Bank of America N.A. successor by merger to LaSalle Bank National Association, as Trustee for First Franklin Mortgage Loan Trust, Mortgage Loan Asset-Backed Certificates, Series 2006-FF18; DEPARTMENT OF TREASURY - IRS,

SHANNON SIMPSON, Trustee of that Certain

Acting Justice Assigned: Hon. Janet C. Malone

Defendants.

PLEASE TAKE NOTICE THAT pursuant to a money judgment and judgment of foreclosure and sale in the above-entitled foreclosure action dated November 30, 2020 and entered on December 29, 2020 in the office of the County Clerk of Westchester County, I, the undersigned referee named in said judgment, will sell in one parcel at public auction on the 4th day of June, 2021 at Courtroom 200 at the Courthouse at 111 Dr. Martin Luther King Jr. Blvd., Room 200, White Plains, NY 10601 at 11:30 a.m., the unit known as 14 High Meadow Trail, Peekskill, NY Any lawful purpose. 10566, City of Peekskill, County of Westchester, New York (Tax Parcel Section 23.19, Block 1, Lot 24./1902), and as designated in the Declaration establishing a plan for the Condominium Notice of formation of SJK Treasure House, LLC. DBA recorded in the Office of the Clerk of Westchester County, Division of Land Records, at Liber 8876 at page 186, and more particularly described as:

ALL those certain pieces or parcels of Real Property being part of a condominium known as "Meadow Condominium", in the City of Peekskill, County of Westchester and State of New York, being known and designated as follows:

UNIT No. 18B together with 1/92 percent undivided interest in the common elements.

THE above described unit and the undivided percentage of interest in the common elements of the condominium appurtenant to each unit, are defined in the Declaration of Condominium hereafter referred to. The above described units are to be used for residential purposes. The real property above described is a Unit shown on the floor plans of a Condominium prepared and certified by Flavio Franco and filed in the Office of the Clerk of the County of Westchester on the 29th day of March, 1984, as Map No. 21879 Page 21880, defined in the Declaration of Condominium entitled, "Meadows Condominium", under Article 9-B of the New York Real Property Law, dated February 21, 1985 and recorded in the Office of the Clerk of the County of Westchester, Division of Land Records, on the 29th day of March, 1985 in Liber 8064 of Conveyances at Page 129, covering the property therein described.

Said premises are sold subject to the prior mortgage lien of U.S. Bank National Association, as Successor To Bank Of America, N.A. Successor by Merger To LaSalle Bank N.A. as Trustee For the Mortgage Loan Asset-Backed Certificates, Series 2006-FF18, as Assignee, subject to all taxes, assessments, and water rates which are liens upon the Premises, and subject to all covenants and restrictions of record and any state of facts an accurate survey may show.

The approximate amount of the lien to satisfy for which the above-described property is to be sold is \$20,928.04, together with interest thereon from December 29, 2020, as well as the sum which is owed to the plaintiff by the defendant Shannon Simpson on account of common charges, late fees, assessments, and costs which accrue from December 2, 2019, to the date of conveyance of the premises pursuant to the judgment of foreclosure and sale, together with Referee's fees of \$750.00, and the expenses of the sale.

Stuart Ball, Esq., Referee

NOTICE OF SALE SUPREME COURT, WESTCHESTER COUNTY INDEX NO.: 58848/2019

BONITA WEST LLC v. 164 ELM REALTY CORP., et al., Defendants. Pursuant to Judgment of Foreclosure and Sale, dated January 22, 2020 and entered on January 24, 2020, I, the undersigned Referee, will sell at public auction, in the Courtroom 200 of the Westchester County Courthouse, 111 Dr. Martin Luther King Jr. Boulevard, White Plains, New York on the 25th day of June, 2021 at 11:30 A.M., the premises directed by said Judgment to be sold, being in Section 1, Block 455, Lot 6 on the Tax Map of the City of Yonkers, County of Westchester, and known by the street number 164 Elm Street, Yonkers, New York. Approximate amount of Judgment is \$23,431.15 plus interest, costs, attorneys' fees and advances. Said premises will be sold subject to the provisions of the filed Judgment and the Terms of Sale. FRANK APICELLA, ESQ., Referee. SANDERS, GUTMAN & BRODIE, P.C.

Hartsdale, New York 10530 (718) 522-0666 TOWN OF EASTCHESTER

LEGAL NOTICE

SIDEWALK AND CURB REPLACEMENT FOR THE YEAR 2021 WITHIN THE TOWN OF EASTCHESTER & VILLAGE OF TUCKAHOE AS DESCRIBED IN THE SPECIFICATION SHEETS ATTACHED HERETO

Attorneys for Plaintiff, 18 North Central Ávenue, Suite 204

PLEASE TAKE NOTICE that SEALED BIDS will be received via MAIL at the Office of Town Clerk, Town of Eastchester, 40 Mill Road, Eastchester, NY 10709 OR online through the Empire State Purchasing Group e-procurement Platform at bidnetdirect.com/townofeastchester by 11:00 a.m. TÜESDAY, JUNE 8, 2021. If vendors need assistance submitting responses online please contact Bid Net Direct, Support Department at 1-800-835-4603 option #2. Bid documents can be obtained at NO CHARGE online at the website address above OR via mail upon request through the Office of the Town Clerk 914-771-3351 as of MONDAY, MAY 24, 2021.

All Questions regarding this bid shall be addressed to 914-961-8540 or via email -rlatella@eastchester.org

DUE TO THE CURRENT COVID-19 VIRUS, PERSONAL DELIVERY OF BID DOCUMENTS AS WELL AS PUBLIC OPENINGS ARE CURRENTLY SUSPENDED.

THE Town reserves the right to reject any and all bids. BY THE ORDER OF THE SUPERVISOR AND THE TOWN BOARD OF THE TOWN OF EASTCHESTER, NEW YORK LINDA LAIRD, TOWN CLERK

Mask Mandate Lifted, continued from pg 1-

by businesses must adhere to all applicable federal and state laws and regulations.

This recommendation will apply across commercial settings, including retail, food services, offices, gyms and fitness centers, amusement and family entertainment, hair salons, barber shops and other personal care services, among other settings.

As previously announced, most business capacities which are currently based upon percentage of maximum occupancy — will be removed on May 19. Businesses will only be limited by the space available for patrons or parties of patrons to maintain the required social distance of 6 feet.

However, given that the CDC has advised that fully vaccinated individuals do not need to maintain social distance, businesses may eliminate the 6 feet of required social distancing, and therefore increase capacity, only if all patrons within the establishment -- or a separate designated part of the establishment -- present proof of full vaccination status. Proof of full vaccination status can be provided by patrons through paper form, digital application, or the State's Excelsior Pass.

Notice of Formation of HAT Photography LLC. Art. of Org. filed with Secy. of State of NY (SSNY) on 3/18/2021. Office: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 6 N. Pearl St, Unit 404-F, Port Chester, NY 10573. Purpose: any lawful act or activity.

Notice of formation of Holmes: Meetings, Marketing & Events LLC. Arts.of Org. filed with the SSNY on 01/13/2021. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 505 E Lincoln Avenue, #515, Mount Vernon, NY 10552. Purpose:

Royalty PR Consultant Agency filed with the SSNY on 02/17/2021. Office: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 130 Mount Vernon Ave. Mount Vernon, NY Purpose: Any lawful purpose.

Notice of formation of a Limited Liability Company Bougie The Brand By Shay LLC, Articles of Organization filed with the SSNY Office on 10/22/20 Office Location: Westchester County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to : C/O BOUGIE THE BRAND BY SHAY LLC, 100 Riverdale Avenue Apt 7D Yonkers, New York 10701. Purpose: Any lawful purpose

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WESTCHESTER RISING-WESTCHESTER RISING FRIDAY, MAY 21, 2021- PAGE 7

Eric Schoen, continued from pg 3-

by sort of blocking clear breathing encouraged my body to doze off during critical parts of the movie.

You are allowed to take off your masks when you are eating or drinking at the movie theater. So now I always keep a bottle of water with me at theater to give the impression that I am drinking so it is permissible to keep my mask off. Heck, I'm usually one of 5 or 6 people in the theater!

I knew things were changing in the 'Mask up, Super Cautious' Covid 19 world when I got a call last week from a doctor I see that required patients to call on the phone when you arrived to make sure there were no other patients in the office. The doctor's assistant said I didn't have to call to be sure the coast was clear. Another sign of change was when Panera put the sweetener packets and the varieties of milk for your coffee on the counter for you to put in yourself versus having the barista put it in for you. I never understood the coffee rule but their are a lot of rules I don't understand that we are called upon to follow today.

The Centers for Disease Control (CDC) based its decision to announce that vaccinated people no longer need to wear masks indoors or outdoors on two studies that indicated that individuals who have been vaccinated with either the Pfizer-BioNTech or Moderna vaccines are at an extremely low risk of contracting COVID-19. The rate of transmitting the virus to others, should

they become infected, is also very low.

The CDC and Biden administration announcements regarding masks and social distancing were totally unexpected and gave retailers, restaurants and other places of business little time to change course. Basically it puts the onus on businesses to enforce the rules which still require the unvaccinated to mask up and distance themselves from the the vaccinated and set very little time to put systems in place.

Basically we are relying on an honor system for 50% of the population give or take a few percent who have not been vaccinated. Is that a chance our country should be taking? I know the conservatives out there are in heaven and loving Biden and the CDC as they gave them the OK to ditch the masks. Should we require some documentation before you are allowed to do this? What happened to the animalistic phrase 'herd immunity.'

So a baseball or football stadium requires you to show proof you have been vaccinated or don't have the virus but a clothing store or the local Walmart let's you in either unmasked or masked by your word of mouth. Or

they might not even question you at all.

How do you as a vaccinated person feel about this? How does an unvaccinated person with a mask feel being in close proximity with people who claim they are vaccinated and are not vaccinated nor wearing a mask. Do you think we can rely on the 50% of Americans who are not vaccinated to follow the honor system? We are, as we should be sending millions of vaccine does abroad to help countries like India that are in desperate need. We can do this as we have a little less than 50% of the population who are unvaccinated.

When someone tells me they haven't been vaccinated, don't have the time to get vaccinated or are afraid, I tell them to put the television on and watch the daily reports on the tragedy going on in India. We are fortunate in this country to have plenty of vaccine so roll up your sleeve and get the dam vaccine. If you have aches and pains or a bump on your arm, deal with. It usually goes away within 24 hours.

If we are not wearing masks open the fitting rooms and allow people to try clothes on once again in department stores. Open the bathrooms so people can wash their hands with soap and water like they were taught at 2 years of age. Adjust sinks in public bathrooms to give you 20 seconds to rinse your hands without pushing the button again. Paper towels are more sanitary than those high speed hair dryers.

Remember Masks are required on trains, buses, public schools, homeless shelters, , correctional facilities, health care settings, public transit hubs and airports. Let children get nose swabbed at school so we can pick up on any

new strains of the coronavirus or catch an outbreak early on.

Public health officials and epidemiologists have also been calling this new guidance into question, considering the lack of direction provided by the CDC, the inability to adequately verify whether or not individuals have been vaccinated, vaccination rates across the country and state have yet to reach herd immunity levels and new variants are surfacing across the globe. Let's show them we know what we are doing!

And thank the young lady at TJ MAXX making \$13.50 an hour putting her life at risk so you can shop and enjoy your summer! Halloween is over til

October 31 and let's hope we can safely unmask!

Reach Eric Schoen at thistooisyonkers@aol.com. Follow him on Twitter @ericyonkers. Listen to Eric Schoen and Dan Murphy on the Westchester Rising Radio Show Thursday's from 10-11 a.m. On WVOX 1460 AM, go to WVOX.com and click the arrow to listen to the live stream or download the WVOX app from the App Store free of charge.

Columbus Day, continued from pg 1-

Longtime New Yorker and Westchester resident and actor Chaz Palminteri said, "For millions of Italians across the country and world, it will always be Columbus Day. To us, it's our day. It's in our minds and in our

hearts. It doesn't make sense to me."

The question now, in New York City, is what happens to the Columbus monument, located at Columbus Circle? Will the monument, now on the register of historic places, be taken down by force during the next protest? Will the NYC Council and Mayor deBlasio change the name of Columbus

More important for Westchester residents, and Italian-Americans is what happens to Columbus Day here. The biggest Columbus Day parade in Westchester is the Yonkers Columbus Day Parade, and the Mayor of Yonkers is MIke Spano a proud Italian-American.

One Italian-American we spoke to at Dom & Vinny's Pizza in Yonkers told us, "when is the cancel culture going to stop?



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Breast Health & COVID Vaccine, continued from pg 1-

then patients should be followed clinically by their primary care physicians, gynecologists or breast specialists up to 6 weeks after.

Dr. Tsang said that the recommendation to delay breast imaging after recent vaccination is only in cases of screening. If patients have any breast concerns such as a mass, nipple discharge or skin changes, they should see their primary care doctor, gynecologist or breast specialist as soon as possible for diagnostic imaging. Diagnostic mammogram, ultrasound, MRI or PET/CT scan should not be delayed.

Recent statistics found that 11.6% of women who received the Moderna vaccine got tenderness and swelling after the first dose. After the 2nd dose, 16% of women experienced tenderness and swelling. More patients experienced swelling of the lymph nodes after receiving the Pfizer vaccine than the placebo group. "It is common to feel arm tenderness and swelling on the same side of the body where you received the vaccine. The swelling and tenderness can begin 2-4 days after vaccination and last as long as 10 days. If you develop these symptoms, and they persist for more than 2 weeks after vaccination, please see your primary care doctor or breast specialist."

Overall, Dr. Tsang said that all women, regardless of diagnosis, should get the COVID vaccine. "My emphasis as a physician is to protect my patients, and while some of my patients may be scared of the COVID vaccine, there is strong evidence that the vaccine protects us from severe symptoms, hospitalization and even death. Getting the vaccine is so important, and I think that the protection from the vaccine outweighs the risk of developing swollen lymph nodes and having to delay screening mammogram for 6 weeks."

"I don't think that waiting to get a screening mammogram will make a significant difference for someone without breast concerns. But if you have been recently diagnosed, or have other symptoms of breast cancer like a new breast mass, nipple discharge or skin changes, I would not wait to get a diagnostic study," said Dr. Tsang.

For all middle-aged women who have to cancel their screening mammogram because of vaccination, please remember to reschedule. Dr. Tsang has offices at Mount Sinai Westchester in Scarsdale, 341 Central Park Avenue, (914)-370-5000. Visit https://www.mountsinai.org/locations/westchester for more information.

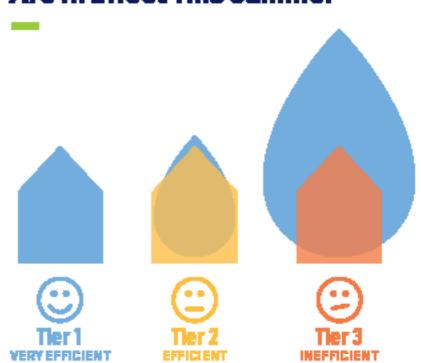
Ashley T. Tsang, MD is a board certified, fellowship-trained breast surgeon from Stanford School of Medicine, specializing in the treatment of benign and malignant diseases of the breast and management of patients at high risk for breast cancer. Dr. Tsang is Assistant Professor of Surgery at Icahn School of Medicine at Mount Sinai, a Diplomate of the American Board of Surgery, and a member of the Society of Surgical Oncology and the American Society of Breast Surgeons.

Stolen BLM Sign, continued from pg 1-

what Greenburgh is all about," said Feiner.

State Senate Majority Leader Andrea Stewart-Cousins, who represents Greenburgh in the 35th District, said, "The reality is racism still exists. This incident though does not reflect our community. I have gone to Black Lives Matter rallies in my district and seen people I never thought - embrace this rallying cry. I saw residents of different races and backgrounds come together and say Black Lives Matter, and that gives me hope. I will continue to address police and criminal justice reforms and denounce such intolerant

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